

OMELETTES

Served with hash browns Choice of toast or pancakes

Ham & Cheese 13

american, swiss or cheddar cheese

American *13.5*

ham, green peppers, and onions

Veggie 13

red peppers, green peppers, onions, tomatoes and mushrooms

Mediterranean 13.5

spinach, mushrooms, tomatoes, onions and feta cheese

Spanish 14.50

chorizo sausage, jalapeño peppers, onions, avocado and cheddar cheese

Protein 14.50

Bacon, sausage link, ham and cheddar cheese

Spring *14.5*

fresh asparagus, brie cheese, tomatoes and onions

Chicken Cheddar 14.5

chicken, cheddar cheese, broccoli and onions

Grecian *14.50* gyros meat and feta cheese

BENEDICTS

Served with hash browns

two poached eggs top an english muffin, canadian bacon and hollandaise sauce

Sub steak 4

Country *13.5*

two poached eggs top café biscuits, sausage patties and country gravy

Harbor Crab Cake 16

two poached eggs top an english muffin, homemade crab cake and hollandaise sauce

Mon Ami Gabi 14.5

two poached eggs top a croissant with shaved ham, brie cheese and hollandaise sauce

Florentine 13

two poached eggs top an english muffin with sautéed spinach, tomatoes, shredded cheddar cheese and hollandaise sauce

UPGRADES

Fresh Fruit 1

Instead of hash browns, french fries, toast, or pancakes

Sliced Tomatoes 1

Instead of hash browns or french fries

Cottage cheese 1

Instead of hash browns or french fries

Gluten-Free 2 Make your pancakes or toast Gluten-Free

Egg Beaters/Egg Whites 2 Make your eggs Egg Beaters or Egg Whites

Specialty Sweet 3

Make your pancakes/french toast/crepe a Speciality Sweet

Cup of Soup *4.75* Soup of the day

Quart of Soup 8.95

Soup of the day

\$2 split on all meals 18% gratuity added to parties over 6 substitutions at restaurants discretion not responsible for lost or stolen items

SKILLETS

All made with your choice of 2 eggs and diced potatoes Choice of toast or pancakes

American 13.5

green peppers, onions, smoked sausage, american cheese, swiss cheese

Benny 14

spinach, canadian bacon, mushrooms, hollandaise sauce, shredded cheddar cheese

Café 17.5

Skirt steak, onions, green peppers, mushrooms, american cheese, swiss cheese

Irishman 14

corned beef hash, onions and cheddar cheese

Athenian 13.5

gyros meat, onions, tomatoes and feta cheese

Gypsy 13.5

diced ham, green peppers, onions and cheddar cheese

Meat Lovers 14.50

diced ham, chopped bacon, sausage link pieces and cheddar cheese

Lalo's 14

chorizo sausage, tomatoes, onions, salsa, and monterey jack cheese

Garden 13.50

Green peppers, zucchinis, tomatoes, mushrooms, spinach, onions, american cheese and swiss cheese

BREAKFAST FAVS

Potato Cakes 12

served with sour cream and apple sauce

Make loaded 3

Scrambled Crepes 13.5

filled with scrambled eggs diced ham and cheddar cheese

Chilaquiles 13.5

corn chips with green salsa, cheese, eggs Add chicken 2.00 Add steak 3.00

Chicken & Waffle Sliders 14.5

mini waffles with chicken tenders bacon, drizzled with honey

Savory Crepes 13.5

Eggs, spinach, tomatoes, onions, feta cheese and hollandaise

Jammin' Wrap/Sandwich 13

Pancakes, eggs and ham or bacon. Served as a wrap with scrambled eggs or sandwich with your choice of eggs

Breakfast Quesadillas 12.5

Scrambled eggs, tomatoes, onions, monterey jack cheese and hash browns

Add bacon or chorizo 2

Biscuits & Gravy 10.5 freshly baked biscuits topped with sausage gravy

SIDES

Hash Browns 4.25 Cheese and Onions 2

Garden Salad 5.25 Mini Fruit Plate 6.5

Turkey Bacon/Sausage 5.75

Corn Beef Hash 5.5 **Bacon/Canadian /Ham/Sausage**

Links or Patties 5.75 One Piece Specialty Sweet 4 Cottage Cheese 3.75 Pancakes 4

Mini Waffles 4 French fries 4

Toast/English Muffin

2.75 **Bagel** 3.25

Cream Cheese 1 Egg (Ala Carte) 2 Avocado 2

©JAMNJELLYCAFE

please let us know about allergies

EGGS & **PROTEIN**

Served with hash browns Choice of toast or pancakes

l Egg 8.5 Served your way

2 Eggs 9.5 Served your way Add: bacon, sausage links, sausage patties, ham off the bone or canadian bacon **4.75**

3 Eggs 10.5 Served your way

Skirt Steak & Eggs 22.5

3 eggs your way

Corned Beef Hash & Eggs 14.5

2 eggs your way

Breakfast Combo 14

2 eggs your way, 2 slices of bacon, 2 sausage link and 2 pancakes/waffles/french toast. Served with orange juice

SCRAMBLERS

All made with 3 eggs and served with Fresh Fruit Choice of toast or pancakes

Kayiana *12.5*

tomatoes, onions, potatoes and feta cheese

Mediterranean 13.5 sun-dried tomatoes, basil, potatoes and goat cheese

Diced Ham 12.5

Café 12.5 Feta cheese, spinach and potatoes

FRITTATAS

Open faced ommelette Choice of toast or pancakes

The House *13.5* ham, asparagus, potatoes, mozzarella cheese

Santa Monica 13.5

roasted red peppers, spinach, onions, mushrooms, avocado and mozzarella cheese. Served with a side of hash browns

Smoked Salmon 15.5

Salmon, tomatoes, onions, asparagus and goat cheese. Served with a side of hash browns

HEALTHY EATS

Avocado Toast 11

Slice of whole grain bread topped with avocado spread, goat cheese, spring mix, onions and tomatoes Add lox 4

Healthy Scrambler 12

Egg beaters with spinach, green peppers, onions, tomatoes. Served with fresh fruit and an english muffin

Jump Start 12

scrambled egg whites, oatmeal & fresh fruit

Healthy Poached 12

two poached eggs, cottage cheese, fresh fruit. Served with an english muffin

Slim Plate 13.5

chopped sirloin patty nestled with fresh fruit and cottage cheese. Served with date nut bread

Healthy French Toast or Cakes 13.5

whole grain bread dipped in egg white batter and grilled golden brown, or multi grain cakes topped with fresh fruit.

Yo Mama Parfait 9.5

yogurt with almond granola, fresh fruit and honey

Old Fashioned 6.5 slowly cooked oatmeal

served with raisins and brown sugar Add caramelized bananas or apples 2.5 Banana Bread French Toast 13.5

Banana bread topped with caramelized bananas and pecans

Nutty Cakes 13

Pancakes filled with bananas and walnuts

S'mores Cakes 14

Pancakes filled with chocolate chips, mini marshmallows and crushed graham crackers

Café Waffle 15

Belgian waffle topped with strawberries, bananas, toasted pecans, vanilla ice cream and whipped cream

SWEETS

Sprinkled with powdered sugar

Nutty Nutella Waffle 13

Filled with toasted pecans and topped with nutella spread

Nutella Fruit Crepes 14

Filled with bananas, strawberries and nutella spread

Swirled French Togst 12

French toast with cinnamon swirl throughout

All American Crepes 12.5

Topped with glazed strawberries, glazed blueberries and caramelized apples

Crunchy Munchy French Toast 12

Smothered in corn flakes

Stuffed French Toast 12.5 Filled with special cream cheese filling

Add caramelized peaches 2

Red Velvet French Toast 14

Red velvet french cake with cream cheese swirls, topped with strawberries, white choco syrup and whipped cream

Cakes • Waffle • Crepes • French Toast

Add: strawberries, caramelized apples, bananas, caramelized bananas, blueberries, caramelized peaches, black cherries 2.5 Add: chocolate chips, nutella, peacans or walnuts 3

SANDWICHES

Served with french fries, fixings and soup.

Korsher corned beef on grilled rye toast with sauerkraut, swiss cheese and 1000 island dressing

Skirt Steak 18.5

Skirt steak on french bread topped with grilled mushrooms, onion strips and mozzarella

Philly Dilly 14

Thin sliced sirloin steak served on a french roll with mushrooms, onions and cheese

Bakin Chicken 14

Char-broiled chicken breast served with bacon, cheddar cheese chipotle sauce on ciabatta bread

Add avocado 1.5

Tuna Melt 13

Albacore tuna on grilled rye bread with american cheese

Super Grilled Cheese 11

Cheddar and monterey jack cheese with crispy bacon smothered between honey oat bread

Monte Cristo 14

Thin slices of ham and turkey with swiss cheese smothered between arilled french toast

Alby or Chicken Salad or Honey Chicken 13

Albacore tuna or chunky chicken salad or honey chicken salad on honey oat bread

On croissant 1.5

Triple Decker 13.5

Lettuce, tomato and mayo with your choice of ham & cheese, turkey & bacon or traditional BLT

Gyros Plate 15

Gyros meat, pita bread, tomatoes, onions and tzatziki sauce

Yo Turkey 13

Sliced turkey breast, cheese, tomatoes, lettuce and mayo on honey oat bread

Quesadilla 13

Grilled onions, peppers and cheese in a grilled tortilla. Served with sour cream and pico de gallo Add chicken 3 Add steak 5

Portabella Foccacia 12.5

grilled portabella, mushrooms, topped with roasted red peppers, mozzarella cheese, and balsamic vinaigrette

BURGERS

1/2 lb angus burger. Served with french fries, fixings and soup

Classic 14

Add cheese 1 Add bacon 1.5

Bakin Bleu 15

Served on a bun with bacon, crumbled bleu cheese

Melt 14.5

Served on grilled rye bread with sautéed onions and american

Jammin *15*

Served on a bun with fried onions strings, bacon and cheddar cheese. Side of ranch dressing

Shroom *14.5*

Served on a bun with grilled mushrooms, monterey jack

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your RISK of foodborne-illness, especially if you have certain medical conditions.

SALADS

Napa Valley 13.5

Mixed greens, grilled chicken, granny smith apples, bleu cheese, strawberries, candied pecans. Served with raspberry vinaigrette

Chicken Caprese 13.5

Buffalo mozzarella cheese, tomatoes, fresh basil, grilled chicken, romaine lettuce and balsamic vinaigrette

Mediterranean 12

tomatoes, cucumbers, feta cheese, olives, pepperoncini peppers, onions and romaine lettuce and house dressing. Served with pita wedges
Add chicken 2 Add gyros 2 Add steak 3.5

New Orleans 13.5

Grilled chicken breast, cajun seasoning, bacon, avocado, tomatoes, cucumber, and blue cheese over mixed greens. Choice of dressing

Café Cobb 13.5

Grilled chicken breast, avocado, bacon bits, hard boiled egg, tomatoes, crumbled bleu cheese over mixed greens. Choice of dressing.

Fresh leaf spinach, diced tomatoes, mushrooms, bacon bits, hard boiled eggs. Served with raspberry vinaigrette Add chicken 2

Tex-Mex Salad 12

Mixed greens, pico de gallo, cheddar cheese, corn, avocado, tortilla chips. Served with South West dressing Add cajun chicken 2 Add steak 3.5

WRAPS

Wrapped in a spinach tortilla. Served with french fries and soup.

Southwestern Chicken 14

roasted corn, black bean relish, tomatoes, lettuce, avocado, cheddar cheese, and salsa ranch

Sub steak 3

Buffalo Chicken 14

fried chicken strips tossed in spicy buffalo sauce, tomatoes, bleu cheese, lettuce, and blue cheese dressing

ham, turkey, american cheese, swiss cheese, hard boiled egg, lettuce, tomatoes and thousand island dressing

Veggie *13*

marinated and grilled zucchini, tomatoes, peppers, onions, portabella mushrooms, mixed greens and garlic herb spread

PANINIS

Served with french fries and soup.

Chicken Capri 13.5

grilled chicken breast, roasted red peppers, fresh buffalo mozzarella cheese and basil pesto sauce

East Coast 14

grilled chicken breast, granny smith apples, brie cheese and honey mustard

California 14.5

sliced smoked turkey breast, bacon, avocado, tomatoes, monterey jack cheese and mayo

Corsican Chicken 14

grilled chicken breast, caramelized onions, roasted red peppers, roasted garlic, feta cheese and artichoke lemon spread

PLATTERS

Fruit Platter 13.5

seasonal fruit cottage cheese and date nut bread

Pineapple Stuffers 14.5

albacore tuna, or chunky chicken salad served with cottage cheese, fruit, and date nut bread with honey chicken 1

Lots of Lox Platter 18

lox served with bagel, cream cheese, onions olives, tomatoes, cucumbers, and capers

Cafe Avocado Supreme 14.5

avocado stuffed with albacore tuna or chunky chicken salad cottage cheese, fruit, and date nut bread with honey chicken salad 1

Hot Drinks

COFFEE 3.25
Regular, Decaf, or Hazelnut
ORGANIC TEA 3.5

TEA 3.15

HOT CHOCOLATE 3.25

ESPRESSO SHOT 3.25

CAPPUCCINO 4 LATTE 4.25

ASK ABOUT OUR ALCOHOL MENU

Cold Drinks

ORANGE JUICE 4.5 APPLE JUICE 4.25

GRAPEFRUIT JUICE 4.25

CRANBERRY JUICE 4.25 TOMATO JUICE 4.25

ORANGE-MANGO JUICE 4.25

POMEGRANATE-BLUEBERRY JUICE 4.25

MILK 3

Chocolate 3.5

ICED TEA 3.25

FRAPPUCCINO 5 Mocha, Caramel , or Vanilla

SMOOTHIE 5

Strawberry, Strawberry Banana, Wild Berry, Peach, or Mango

Kid's Menu

For children 12 and under. Served with milk or soda. Juice 1 (no refill)

DOLLAR CAKES 7 MINI WAFFLES 7

EGG PLATTER 8.5

l egg, bacon or sausage and hash browns or pancakes

BURGER 8.5 Served with french fries
Add Cheese 1

MAC & CHEESE 6

CHICKEN FINGERS 8

Served with french fries

PB & J SANDWICH 6.5





