



OMELETTES

Served with hash browns
Choice of toast or pancakes

- Ham & Cheese 10.75**
american, swiss or cheddar cheese
- American 10.95**
ham, green peppers, and onions
- Veggie 10.25**
red peppers, green peppers, onions, tomatoes and mushrooms
- Mediterranean 11.25**
spinach, mushrooms, tomatoes, onions and feta cheese
- Spanish 11.25**
chorizo sausage, jalapeño peppers, onions, avocado and cheddar cheese
- Protein 12.25**
Bacon, sausage link, ham and cheddar cheese
- Spring 11.55**
fresh asparagus, brie cheese, tomatoes and onions
- Chicken Cheddar 11.55**
chicken, cheddar cheese, broccoli and onions
- Grecian 11.55**
gyros meat and feta cheese

BREAKFAST FAVS

- Potato Cakes 9.75**
server with sour cream and apple sauce
Make loaded 2.5
- Scrambled Crepes 10.25**
filled with scrambled eggs diced ham and cheddar cheese
- Chilaquiles 10.95**
corn chips with green salsa, cheese, eggs
Add chicken 2.00 Add steak 3.00
- Chicken & Waffle Sliders 12.25**
mini waffles with chicken tenders bacon, drizzled with honey
- Savory crepes 11.25**
Eggs, spinach, tomatoes, onions, feta cheese and hollandaise sauce
- Jammin' Wrap/Sandwich 10.75**
Pancakes, eggs and ham. Served as a wrap with scrambled eggs or sandwich with your choice of eggs
- Breakfast Quesadillas 10.25**
Scrambled eggs, tomatoes, onions, monterey jack cheese and hash browns
Add bacon or chorizo 1.5

UPGRADES

- Fresh Fruit 1**
Instead of hash browns, french fries, toast, or pancakes
- Sliced Tomatoes 1**
Instead of hash browns or french fries
- Cottage cheese 1**
Instead of hash browns or french fries
- Gluten-Free 1.75**
Make your pancakes or toast Gluten-Free
- Egg Beaters/Egg Whites 1.75**
Make your eggs Egg Beaters or Egg Whites

Specialty Sweet 3

Make your pancakes/french toast/crepe a Specialty Sweet

Cup of Soup 3.95
Soup of the day

Quart of Soup 7.95
Soup of the day

SKILLETTS

All made with your choice of 2 eggs and diced potatoes
Choice of toast or pancakes

- American 11.25**
green peppers, onions, smoked sausage, american cheese, swiss cheese
- Benny 11.55**
spinach, canadian bacon, mushrooms, hollandaise sauce, shredded cheddar cheese
- Café 15.25**
Skirt steak, onions, green peppers, mushrooms, american cheese, swiss cheese
- Irishman 11.25**
corned beef hash, onions and cheddar cheese
- Athenian 11.25**
gyros meat, onions, tomatoes and feta cheese
- Gypsy 11.25**
diced ham, green peppers, onions and cheddar cheese
- Meat Lovers 11.95**
diced ham, chopped bacon, sausage link pieces and cheddar cheese
- Lalo's 11.55**
chorizo sausage, tomatoes, onions, salsa, and monterey jack cheese
- Garden 10.75**
Green peppers, zucchinis, tomatoes, mushrooms, spinach, onions, american cheese and swiss cheese

BENEDICTS

Served with hash browns

- Traditional 10.75**
two poached eggs top an english muffin, canadian bacon and hollandaise sauce
- Sub tenderloin 4**
- Country 10.95**
two poached eggs top café biscuits, sausage patties and country gravy
- Harbor Crab Cake 13.55**
two poached eggs top an english muffin, homemade crab cake and hollandaise sauce
- Mon ame Gabi 11.25**
two poached eggs top a croissant with shaved ham, brie cheese and hollandaise sauce
- Florentine 10.55**
Two poached eggs top an english muffin with sauteed spinach, tomatoes, shredded cheddar cheese & hollandaise sauce
- Biscuits & Gravy 8.25**
freshly baked biscuits topped with sausage gravy

SIDES

- | | |
|--|-------------------------------------|
| Hash Browns 3.75
Cheese and Onions 2 | Cottage Cheese 3.25 |
| Garden Salad 4.5 | Pancakes 3.25 |
| Mini Fruit Plate 5.25 | Mini Waffles 3 |
| Turkey Bacon/Sausage 5 | French fries 3.5 |
| Corn Beef Hash 5 | Toast/English Muffin 2.45 |
| Bacon/Canadian /Ham/Sausage Links or Patties 5.25 | Bagel 2.75
Cream Cheese 1 |
| One Piece Specialty Sweet 4 | Egg (Ala Carte) 1.85 |
| | Avocado 1.95 |

\$2 split on all meals
18% gratuity added to parties over 6
substitutions at restaurants discretion
not responsible for lost or stolen items



@JAMNJELLYCAFE

please let us know about allergies

EGGS & PROTEIN

Served with hash browns
Choice of toast or pancakes

- 1 Egg 6.25**
Served your way
- 2 Eggs 7.25**
Served your way
- 3 Eggs 8.25**
Served your way
- Skirt Steak & Eggs 19.55**
3 eggs your way
- Corned Beef Hash & Eggs 11.5**
2 eggs your way

Add: bacon, sausage links, sausage patties, ham off the bone or canadian bacon 4.25

Breakfast Combo 10.75

2 eggs your way, 2 slices of bacon, 2 sausage link and 2 pancakes/waffles/french toast. Served with orange juice

SCRAMBLERS

All made with 3 eggs and served with Fresh Fruit
Choice of toast or pancakes

- Kayiana 9.95**
tomatoes, onions, potatoes and feta cheese
- Mediterranean 10.75**
sun-dried tomatoes, basil, potatoes and goat cheese
- Diced Ham 9.95**
- Café 9.75**
Feta cheese, spinach and potatoes

FRITTATAS

Open faced ommelette
Choice of toast or pancakes

- The House 10.95**
ham, asparagus, potatoes, mozzarella cheese
- Santa Monica 10.95**
roasted red peppers, spinach, onions, mushrooms, avocado and mozzarella cheese. Served with a side of hash browns
- Smoked Salmon 12.5**
Salmon, tomatoes, onions, asparagus and goat cheese. Served with a side of hash browns

HEALTHY EATS

- Avocado Toast 9**
Slice of whole grain bread topped with avocado spread, goat cheese, spring mix, onions and tomatoes
Add egg 1
Add lox 4
- Healthy Scrambler 9.25**
Egg beaters with spinach, green peppers, onions, tomatoes. Served with fresh fruit and an english muffin
- Jump Start 9.25**
scrambled egg whites, oatmeal & fresh fruit
- Healthy Poached 9.25**
two poached eggs, cottage cheese, fresh fruit. Served with an english muffin
- Slim Plate 11.25**
chopped sirloin patty nestled with fresh fruit and cottage cheese. Served with date nut bread
- Healthy French Toast or Cakes 10**
whole grain bread dipped in egg white batter and grilled golden brown, or multi grain cakes topped with fresh fruit.
- Yo Mama Parfait 7.95**
yogurt with almond granola, fresh fruit and honey
- Old Fashioned 5.55**
slowly cooked oatmeal served with raisins and brown sugar
Add caramelized bananas or apples 1.90

SWEETS

Sprinkled with powdered sugar

Banana Bread French Toast 10.95

Banana bread topped with caramelized bananas and pecans

Nutty Cakes 10.55

Pancakes filled with bananas and walnuts

S'mores Cakes 10.75

Pancakes filled with chocolate chips, mini marshmallows and crushed graham crackers

Café Waffle 11.75

Belgian waffle topped with strawberries, bananas, toasted pecans, vanilla ice cream and whipped cream

Nutty Nutella Waffle 10.75

Filled with toasted pecans and topped with nutella spread

Bon Jour French Toast 11.95

Pretzel croissant, nutella, caramel chips and white chocolate sauce

Nutella Fruit Crepes 10.95

Filled with bananas, strawberries and nutella spread

Swirled French Toast 9.55

French toast with cinnamon swirl throughout

All American Crepes 10.25

Topped with glazed strawberries, glazed blueberries and caramelized apples

Crunchy Munchy French Toast 9.55

Smothered in corn flakes

Stuffed French Toast 10.25

Filled with special cream cheese filling
Add caramelized peaches 1.5

Red Velvet French Toast 11.55

Red velvet french cake with cream cheese swirls, topped with strawberries, white choco syrup and whipped cream

Cakes • Waffles • Crepes • French Toast

8.25

Add: strawberries, caramelized apples, bananas, caramelized bananas, blueberries, caramelized peaches, black cherries 1.5

Add: chocolate chips, nutella, peacans or walnuts 2

SANDWICHES

Served with french fries, fixings and soup.

Ruben's 11.75

Korsher corned beef on grilled rye toast with sauerkraut, swiss cheese and 1000 island dressing

Skirt Steak 15.45

Skirt steak on french bread topped with grilled mushrooms, onion strips and mozzarella

Philly Dilly 11.25

Thin sliced sirloin steak served on a french roll with mushrooms, onions and cheese

Bakin Chicken 11.25

Char-broiled chicken breast served with bacon, cheddar cheese chipotle sauce on ciabatta bread

Add avocado 1.5

Tuna Melt 10.75

Albacore tuna on grilled rye bread with american cheese

Super Grilled Cheese 8.95

Cheddar and monterey jack cheese with crispy bacon smothered between honey oat bread

Monte Cristo 11.75

Thin slices of ham and turkey with swiss cheese smothered between grilled french toast

Alby or Chicken Salad or Honey Chicken 10.5

Albacore tuna or chunky chicken salad or honey chicken salad on honey oat bread

On croissant 1.5

Triple Decker 10.95

Lettuce, tomato and mayo with your choice of ham & cheese, turkey & bacon or traditional BLT

Gyros Plate 11.95

Gyros meat, pita bread, tomatoes, onions and tzatziki sauce

Yo Turkey 10.25

Sliced turkey breast, cheese, tomatoes, lettuce and mayo on honey oat bread

Quesadilla 10.95

Grilled onions, peppers and cheese in a grilled tortilla. Served with sour cream and pico de gallo

Add chicken 1.5 Add steak 2.5

Portabella Focaccia 10.25

grilled portabella, mushrooms, topped with roasted red peppers, mozzarella cheese, and balsamic vinaigrette

BURGERS

1/2 lb angus burger.

Served with french fries, fixings and soup

Classic 11.25

Add cheese 1 Add bacon 1.5

Bakin Bleu 12.45

Served on a bun with bacon, crumbled bleu cheese

Melt 12.25

Served on grilled rye bread with sautéed onions and american cheese

Jammin 12.75

Served on a bun with fried onions strings, bacon and cheddar cheese. Side of ranch dressing

Shroom 12.25

Served on a bun with grilled mushrooms, monterey jack cheese

SALADS

Napa Valley 11.25

Mixed greens, grilled chicken, granny smith apples, bleu cheese, strawberries, candied pecans. Served with blueberry-pomegranate dressing

Chicken Caprese 11.25

Buffalo mozzarella cheese, tomatoes, fresh basil, grilled chicken, romaine lettuce and balsamic vinaigrette

Mediterranean 10

tomatoes, cucumbers, feta cheese, olives, pepperoncini peppers, onions and romaine lettuce and house dressing. Served with pita wedges

Add chicken 1.5 Add gyros 1.5 Add steak 2.5

New Orleans 11.25

Grilled chicken breast, cajun seasoning, bacon, avocado, tomatoes, cucumber, and blue cheese over mixed greens. Choice of dressing

Café Cobb 11.25

Grilled chicken breast, avocado, bacon bits, hard boiled egg, tomatoes, crumbled bleu cheese over mixed greens. Choice of dressing.

Popeye 10

Fresh leaf spinach, diced tomatoes, mushrooms, bacon bits, hard boiled eggs. Served with raspberry vinaigrette

Add chicken 1.5

Tex-Mex Salad 10

Mixed greens, pico de gallo, cheddar cheese, corn, avocado, tortilla chips. Served with South West dressing

Add cajun chicken 1.5 Add steak 2.5

WRAPS

Wrapped in a spinach tortilla.

Served with french fries and soup.

Southwestern Chicken 11.25

roasted corn, black bean relish, tomatoes, lettuce, avocado, cheddar cheese, and salsa ranch

Sub steak 2

Buffalo Chicken 11.25

fried chicken strips tossed in spicy buffalo sauce, tomatoes, bleu cheese, lettuce, and blue cheese dressing

Veggie 10.95

marinated and grilled zucchini, tomatoes, peppers, onions, portabella mushrooms, mixed greens and garlic herb spread

PANINIS

Served with french fries and soup.

Chicken Capri 11.25

grilled chicken breast, roasted red peppers, fresh buffalo mozzarella cheese and basil pesto sauce

East Coast 11.75

grilled chicken breast, granny smith apples, brie cheese and honey mustard

California 12.25

sliced smoked turkey breast, bacon, avocado, tomatoes, monterey jack cheese and mayo

JJs 12.25

grilled chicken, red onions, Jam n Jelly's apricot jelly, spring mix and monterey jack cheese

Corsican Chicken 11.95

grilled chicken breast, caramelized onions, roasted red peppers, roasted garlic, feta cheese and artichoke lemon spread

PLATTERS

Fruit Platter 11.25

seasonal fruit cottage cheese and date nut bread

Pineapple Stuffers 11.25

albacore tuna, or chunky chicken salad served with cottage cheese, fruit, and date nut bread with honey chicken 1

Lots of Lox Platter 15.25

lox served with bagel, cream cheese, onions olives, tomatoes, cucumbers, and capers

Cafe Avocado Supreme 11.95

avocado stuffed with albacore tuna or chunky chicken salad cottage cheese, fruit, and date nut bread with honey chicken salad 1

Hot Drinks

COFFEE 2.85

Regular, Decaf, or Hazelnut

ORGANIC TEA 3.25

TEA 2.85

HOT CHOCOLATE 3.05

CAPUCCINO 3.75

LATTE 3.95

EXPRESSO SHOT 3.05

Cold Drinks

ORANGE JUICE 3.85

APPLE JUICE 3.65

GRAPEFRUIT JUICE 3.65

CRANBERRY JUICE 3.65

TOMATO JUICE 3.65

ORANGE-MANGO JUICE 3.65

POMEMEGRANATE BLUEBERRY JUICE 3.65

MILK 2.75

Chocolate 3

ICED TEA 2.95

FRAPPUCCINO 4.95

Mocha, Carmel, or Vanilla

SMOOTHIE 4.95

Strawberry, Strawberry Banana, Wild Berry, Peach, or Mango

Kid's Menu

For children 12 and under.

Served with milk or soda. Juice 1 (no refill)

DOLLAR CAKES 5.75

MINI WAFFLES 5.95

EGG PLATTER 6.95

1 egg, bacon or sausage and hash browns or pancakes

BURGER 6.95

Served with french fries

Add Cheese 1

MAC & CHEESE 4.95

CHICKEN FINGERS 6.55

Served with french fries

PB & J SANDWICH 5.25

Served with french fries

ORDER ONLINE AT JAMNJELLY.COM AND THROUGH

